



## Enduring Material Requirements

*CME required information and language needs to be included on an activity page and available to learners prior to the start of every accredited activity. Refer to your Program Manager for any questions regarding these requirements.*

### **General Information**

- Title: Compassion Fatigue
- Jointly provided by the Postgraduate Institute for Medicine and the National Council For Adoption.
- Release date: November 1, 2025
- Expiration date: October 31, 2026
- Estimated time to complete activity: 1 hour

### **Educational Objectives**

*After completing this activity, the participant should be better able to:*

- Define compassion fatigue
- Identify at least five symptoms of compassion fatigue
- List two common barriers to practicing self-care
- Demonstrate self-administered stress reduction/relaxation techniques

### **Faculty**

- Kris Henneman, MSW, Vice President, Institute for Family and Community and Development, Spaulding for Children

### **Disclosure of Financial Relationships**

Postgraduate Institute for Medicine (PIM) requires faculty, planners, and others in control of educational content to disclose all their financial relationships with ineligible companies. All identified financial relationships are thoroughly vetted and mitigated according to PIM policy. PIM is committed to providing its learners with high quality accredited continuing education activities and related materials that promote improvements or quality in healthcare and not a specific proprietary business interest of an ineligible company.

The faculty reported the following relevant financial relationships with ineligible entities related to the educational content of this CE activity.

The PIM planners and others have nothing to disclose. The National Council For Adoption planners and faculty have nothing to disclose.

## Joint Accreditation Statement



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by the Postgraduate Institute for Medicine and the National Council For Adoption. Postgraduate Institute for Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### **Credit Designations:**

#### Physician Continuing Medical Education

The Postgraduate Institute for Medicine designates this enduring material for a maximum of 1 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Continuing Nursing Education

The maximum number of hours awarded for this Continuing Nursing Education activity is 1 contact hours.

#### Interprofessional Continuing Education



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 1 Interprofessional Continuing Education (IPCE) credit for learning and change.

#### Continuing Physician Assistant Education



Postgraduate Institute for Medicine has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1 AAPA Category 1 CME credits. Approval is valid until 10/31/2026. PAs should only claim credit commensurate with the extent of their participation.

#### Continuing Social Work Education



As a Jointly Accredited Organization, Postgraduate Institute for Medicine is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Postgraduate Institute for Medicine maintains responsibility for this course. Social workers completing this course receive 1 Clinical continuing education credits.

### **Disclosure of Unlabeled Use**

This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. The planners of this activity do not recommend the use of any agent outside of the labeled indications. The opinions expressed in the educational activity are those of the faculty and do not necessarily represent the views of the planners. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

### **Disclaimer**

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications and/or dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.